



Semester  
**First**  
2024\2025

Lesson One

Unit one  
**Making a  
stronger me**

Class  
**Primary  
3**

Subject  
**Discover**



**Question 1** Choose the correct answer from the following options:

- 1-.....It is a something we practice and then hope to learn to do well  
A- self-management B- Collaboration C- **Life skills** D- Communication
- 2- **life skills** are the negative behaviors that ease the challenges:  
A- True B- False
- 3- ... is a life skills  
A- **Collaboration** B- Drawing C- Eating D- Talking
- 4- ..... It is working on small goals in order to reach bigger goa  
A- self-management B- Collaboration C- **Life skills** D- Communication
- 5- **Communication** is a life skills.  
A- True B- False
- 6- **Empathy** is not a life skills.  
A- True B- False

**Question 2** Choose from the column (A) the appropriate number from the column (B):

Column (A)		Column (B)	
		1	Empathy
		2	Communication
		3	Decision-making
		4	Collaboration
		5	Critical thinking





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**Question 3**

Choose from the column (A) the appropriate number from the column (B):

Column (A)		Column (B)	
Refer to cooperation		1	setting goals
Communication includes		2	Developing solutions
Decision-making includes		3	talking clearly
Empathy includes		4	Making the right choices
Problem -solving includes		5	work together
self-management includes		6	Respecting their feelings





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**Question 2** Choose from the column (A) the appropriate number from the column (B):

Column (A)		Column (B)	
	5	1	Empathy
	1	2	Communication
	4	3	Decision-making
	2	4	Collobration
	3	5	Critical thinking





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**Question 3**

Choose from the column (A) the appropriate number from the column (B):

Column (A)		Column (B)	
Refer to cooperation	<b>5</b>	<b>1</b>	setting goals
Communication includes	<b>3</b>	<b>2</b>	Developing solutions
Decision-making includes	<b>4</b>	<b>3</b>	talking clearly
Empathy includes	<b>6</b>	<b>4</b>	Making the right choices
Problem -solving includes	<b>2</b>	<b>5</b>	work together
self-management includes	<b>1</b>	<b>6</b>	Respecting their feelings

